

# ARTISAN FLATBREAD

## INGREDIENTS

- 1 IP Potato Puree
- 1 whole egg
- 1/4 Tsp of baking soda
- 1/4 Tsp of Sea Salt
- 1/4 Tsp of Basil
- 1/2 Tsp of Oregano
- 1 Tsp Olive Oil
- 1/2 Tsp Thyme
- 1/2 Tsp of Garlic Powder
- 1 Pinch of Cilantro
- 2 oz. of Water
- Pam Spray

## PREPARATION

1. Preheat oven to 350 degrees.
2. Mix all ingredients in a bowl
3. Spray cookie sheet or Pyrex with Pam
4. Pour mixture
5. Bake in the oven for 20 minutes or until desired texture
6. Pat dry the oil when it comes out, fill it with your favorite protein, veggies and Enjoy! Phase 1-3 allowed.

