

BACON-WRAPPED ASPARAGUS

INGREDIENTS

- 2 cups of Asparagus spears, trimmed
- 8 Oz. of Canadian Bacon
- 2 tsp. Olive Oil
- Pinch of freshly ground Black Pepper

PREPARATION

1. Preheat oven to 425 degrees.
2. Arrange the asparagus spears on a baking sheet.
3. Drizzle the Olive Oil over them and turn to coat.
4. Season with the black pepper.
5. Cut the Canadian Bacon in halves.
6. Wrap a single asparagus spear lengthwise with Canadian Bacon.
7. Roast until the asparagus is tender when pierced with a fork and the Canadian Bacon is crisp (10 - 12 minutes).
8. Serve warm & enjoy!
9. Phase Approved: Phases 1-3

