

RECIPE OF THE WEEK

Chocolate Chip Muffin

by: Jean Michael Coronado

Ingredients

- 1 Ideal Protein Chocolate Chip Pancake Mix
- 1 tsp. Olive Oil
- 1 tsp. Baking Powder
- A splash of Vanilla Extract
- 1 ounce of Water
- PAM Spray
- 1 pinch Ground Cinnamon

Preparation



1. Preheat the oven to 350 degrees.
2. In a bowl, mix all the ingredients, except the PAM Spray.
3. Spray PAM on a muffin pan or souffle cup.
4. Pour mixture into muffin pan or souffle cup.
5. Bake for 15 minutes.
6. Let cool for about 2 minutes.
7. Serve and Enjoy!
8. Phase Approved: Phases 1-3, Servings: 1

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Office: 858.228.3644
124 Lomas Santa Fe . Suite 206
Solana Beach . CA . 92075