

IDEAL TACOS

INGREDIENTS

- 1/2 cup Chopped Onions
- 1/2 cup Chopped Plum Tomatos
- 1 tbsp Lime Juice
- 1 IP Vegetable Chili
- 1 tsp of Sea Salt
- 1 IP Pancake
- 1 tsp of Adobo (optional)
- 1/4 tsp or pinch of Garlic Powder
- 1 pinch of Cilantro or Parsley
- 1 tbsp pf Walden Farms Ranch Dressing
- Shredded Iceberg Lettuce



PREPARATION

1. Mix the IP Pancake packet with the adobo, and make into "tortillas" (makes 2 this tortilla). Set aside.
2. Mix the IP Vegetable Chili, add the garlic powder and microwave for 2 minutes. Set aside.
3. Chop the tomatoes and onions.
4. To make the "salsa", mix the tomatoes with the onions, lime juice, sea salt and cilantro or parsley.
5. Mix IP Vegetable Chili with the salsa, split salsa in half.
6. Place the Tortilla on the plate and fill with Chili Salsa, Walden Farms Ranch Dressing and top with Ice Berg Lettuce.
7. Close the taco and Enjoy!

