

JICAMA SUMMER SALAD

INGREDIENTS

- 1 1/2 cups of Jicama
- 1/4 cup Cucumber
- 1/4 cup Red Onion
- 1 Scallion (chopped)
- Salt to Taste
- 1 Tbsp. Rice Vinegar
- 1/4 tsp. Red Chili Paste
- 2 tsp. Olive Oil
- 1 Splenda Packet
- Pepper to Taste

PREPARATION

1. For the dressing, whisk the rice vinegar with the olive oil, splenda, red chili paste and a pinch of salt & pepper.
2. Cut all vegetables into thin strips.
3. In a bowl, mix vegetables and pour dressing.
4. Toss and mix well.
5. Serve and top with scallion.
6. Enjoy! Phase Approved: Phases 1-3

