

NON-RESTRICTED BROWNIES

INGREDIENTS

- 1 Ideal Protein Chocolate Drink Mix
- 1 Ideal Protein Chocolate Pudding
- 2 Egg Whites
- 1 oz. of Skim Milk
- 2 tsp. of Olive Oil
- 1/4 tsp. of Sea Salt
- 1/2 tsp. of Vanilla Extract
- Waldens Farms Chocolate Dip - for topping

PREPARATION

1. Preheat oven to 350 degrees.
2. Mix all ingredients with a fork (use a large bowl so that you don't spill).
3. Spray a container with PAM.
4. Pour the mix.
5. Cook for 15 minutes. Cut in half and let it cool.
6. Top with Walden Farms Chocolate Dip and ENJOY!

