

Yummy Zucchini Chips

Ingredients

- 3 medium zucchini, sliced into ¼ inch chips
- 2 Tbsp. lemon juice
- 2 Tbsp. olive oil
- 1 teaspoon sea salt, pepper to taste
- For Phase 3 you can add 2 oz. of grated parmesan cheese



Preparation

1. Preheat the oven to 450°F.
2. Toss zucchini slices with lemon juice, olive oil, salt, and pepper.
3. Spread out in a single layer on a jelly roll pan.
4. Roast 7 minutes.
5. Turn zucchini over. Roast another 7 – 8 minutes.
6. Approved for Phase 1 – 3

