RECIPE OF THE WEEK

Mandarin Chicken Balls

Ingredients

- 1 packet of Ideal Protein - Pancake mix - 1 chicken breast

- 1 tsp olive oil



Preparation

- 1. Prepare the Ideal Protein Pancake
- 2.Cut up the chicken breast into medium-sized cubes
- 3. Thoroughly cook chicken in olive oil
- 4. Roll each chicken piece in the battered pancake until fully covered
- 5. Return chicken to the skillet
- 6.Cook batter around the chicken
- 7.Serve hot and enjoy

