RECIPE OF THE WEEK

Basil Lime Chicken

Ingredients

- 3 lbs Chicken Breast
- 3 Limes divided (juice and zest)
- 2 tbsp Olive Oil
- 1/4 cup Extra Virgin Olive Oil
- 3 tbsp Dijon Mustard
- 3 tbsp Soy Sauce

- 6 green onions chopped and divided
- 4 cloves of Garlic minced and divided
- 2 tbsp Basil chopped
- Salt
- Pepper



Preparation

- 1. Take juice and zest of 2 limes, extra virgin olive oil, dijon mustard, soy sauce, 3 green onions, 2 garlic, salt, and pepper in a bowl and mix well
- 2.Cut chicken into even-sized cutlets and place them in a gallon-sized bag
- 3. Pour marinade on the chicken
- 4.Let it marinate for 1 hour
- 5. Preheat your grill
- 6. Grill chicken for 7 minutes
- 7.Flip sides and cook until the internal temperature becomes 170°
- 8. Take out from grill and let it rest
- 9. Mix the remaining lime juice, olive oil, green onions, basil, and garlic and pour over the cooked chicken
- 10. Serve and enjoy

