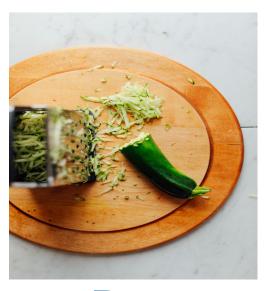
RECIPE OF THE WEEK

by: Jean Michael Coronado

Choco-Chip Zucchini Bread

Ingredients

- 2 cups of shredded Zucchini
- 1 Ideal Protein Chocolate Chip Pancake
- 1 large egg
- 1/2 tsp. of baking powder
- PAM spray



- 1 tsp. pf ground cinnamon
- 1 tsp. of ground nutmeg
- 1 Splenda packet
- 1 tsp. of vanilla extract
- 1/4 tsp. pf baking soda



Preparation

- 1. Preheat oven to 375 degrees
- 2. In a medium size bowl, combine all the ingredients together
- 3. Spray a small bread Pyrex or oven safe bowl
- 4. Gently pour the mixture into the Pyrex, making sure you spread if evenly
- 5. Bake for 25-30 minutes or until mixture isn't watery in the middle.
- 6. Plate & enjoy! Phase 1-3 allowed.
- 7. Counts as 2 cups of veggies & 1 Ideal Protein

