

RECIPE OF THE WEEK

Cinnamon Tapioca Pudding

Ingredients

- 2 packets of Ideal Protein Vanilla Pudding
- 1 packet Miracle Rice
- 2 – 4 packets of Stevia
- 1 tbsp. of Vanilla Extract
- 1 dash of Cinnamon



Preparation

1. Put the miracle rice in a strainer and rinse
2. Prepare the Ideal Protein Vanilla Pudding packets as directed in the instructions
3. Combine the Vanilla Pudding with Miracle Rice
4. Add Stevia as per your taste
5. Add a little Vanilla Extract as per your taste
6. Add Cinnamon to taste and stir
7. Pour into two Dessert dishes and leave in the refrigerator for 2 to 3 hours
8. Take out of the refrigerator and serve with a dash of Cinnamon garnishing

