## RECIPE OF THE WEEK

## Ideal Protein Queso Dip

## Ingredients

- 1 packet of Ideal Protein Cheese Sauce

- 2 tbsp. fresh Pico De Gallo
- ½ tbsp. diced pickled Jalapeno



## Preparation

- 1. Cook the cheese sauce as per the directions.
- 2.Once the cheese sauce is ready, stir in jalapeno and Pico De Gallo.
- 3.Serve and enjoy!
- NOTE: Use the Ideal Protein Doritos or fresh

veggies to dip.



www.BioIntelligentWellness.com