

RECIPE OF THE WEEK

Chocolate Peanut Butter Ice Cream Sammie

Ingredients

- 1 Ideal Protein Brownie
- 1 tbsp. Walden Farms Chocolate Peanut Spread
- 1 tbsp. Walden Farms Marshmallow Cream



Preparation

1. Cut IP Brownie in half so you have 2 equal squares
2. With a sharp thin knife, butterfly the 2 halves so you have 4 equal pieces
3. Whip Chocolate Peanut Spread & Marshmallow Cream in a bowl
4. Spread the mixture on 2 of the brownie halves & place the other 2 on top to make a sandwich
5. Leave in refrigerator for 20 minutes
6. Take out the sammies & ENJOY!

