

RECIPE OF THE WEEK

Ideal Protein Apple Danish Recipe

Ingredients

- 2 packets Ideal Protein apple oatmeal
- 2 eggs
- 1 tsp. baking powder
- 1 packet Stevia (or the sweetener allowed by coach)
- ½ tsp. cinnamon
- ½ – 1 cup grated zucchini
- 2 tbsp. Walden Farms Apple Butter



Preparation

1. Beat eggs in a glass bowl or measuring cup
2. Add the rest of the ingredients except Apple Butter and use a spatula to combine until mixed.
3. Divide evenly among a 6 count whoopie pan and flatten the batter.
4. Using a spoon, make a small well or indentation in the middle of each one.
5. Bake at 350°F for 10 minutes.
6. Before serving, fill each depression with 1 tsp. Apple Butter.
7. Enjoy!

