

# RECIPE OF THE WEEK

## Chocolate Caramel Cake

### Ingredients

- 1 IP Chocolate Pudding
- 1 IP Chocolatey Caramel Mug Cake
- 1 tsp. baking soda
- 1 packet of Splenda or Stevia
- 1/3 cup liquid egg whites
- 2 tsp. olive oil
- 2 tbsp. water
- 2 tbsp. Walden Farms Chocolate or Caramel Syrup
- Cooking spray



### Preparation

1. Preheat oven to 350°F
2. Combine all ingredients in a bowl.
3. Add the liquid ingredients and mix well.
4. Spray a muffin tin or a small cake pan/loaf pan.
5. Bake for 10-12 minutes.
6. Top with Walden Farms Chocolate or Caramel Syrup.

Enjoy!

