

# RECIPE OF THE WEEK

## Garlic Shrimp and Veggie Foil Packs

### Ingredients

- 1 lb. large shrimp – peeled and deveined
- 3-4 cups chopped zucchini or your favorite vegetables
- 4 cloves garlic – minced
- 2 tbsp. cilantro or parsley – minced
- 1 tbsp. olive oil
- 1 tsp. paprika
- Salt and pepper to taste



### Preparation

1. Add all the ingredients to a large bowl and mix well to combine.
2. Place four 18×12-inch pieces of heavy aluminum foil on the counter and place the shrimp and veggie mixture on the foil.
3. Fold the foil over the shrimp to seal properly.
4. Grill or bake at 400°F for 15-20 minutes or until shrimp and vegetables are cooked through.
5. Serve with Cauliflower rice or salad.

