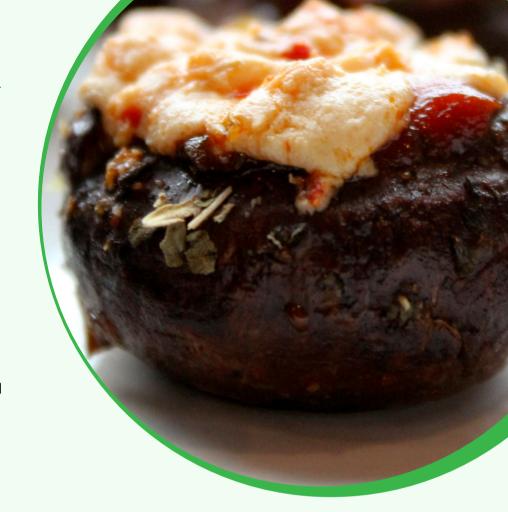
MUSHROOM PIZZA BITES

INGREDIENTS

- 12 button mushrooms clean & remove stems
- ½ lb. Italian chicken sausage
- 1 egg white
- ¼ -½ cup no added sugar marinara sauce



PREPARATION

- 1. Preheat grill.
- 2. Place mushrooms stem side up on a plate.
- 3.In a bowl, add Italian chicken sausage with egg white and combine it well all together.
- 4. Make tablespoon-sized balls of the meat mixture and plop them into the cap of the mushrooms.
- 5. Place on the top rack of grill and cook for about 8-10 minutes or until sausage is cooked through.
- 6.Top each mushroom sausage cap with pizza/marinara sauce (hot or cold)!
- 7. Serve with a toothpick and enjoy!