

CHOCOLATE SCONE

INGREDIENTS

- 1 packet Ideal Protein Crispy Cereal - crushed
- 1 packet Ideal Protein Chocolate Drink Mix (Try Vanilla Drink Mix or Cappuccino Drink Mix if desired)
- 2 egg whites
- 1/2 cup water
- 1 tsp. baking powder
- 2 tsp. Olive oil
- 1 tsp. Walden Farms Caramel Syrup
- Cinnamon - for topping



PREPARATION

1. Combine all ingredients in a bowl.
2. Wait a few minutes to let the batter become thicker.
3. Spray a pie pan with Pam Spray and divide batter into 12 equal portions.
4. Preheat oven to 350°F and bake batter for 12-15 minutes.
5. Remove from pan to cool down.
6. You can also prepare cake by baking at 350°F for 14 minutes.
7. Serve and enjoy!

