

CRISPY CEREAL PANCAKES

INGREDIENTS

- 1 IP crispy cereal (whole or crunched)
- 2 egg whites
- 1/4 tsp. of baking powder
- 1/4 tsp. Vanilla
- Cinnamon & nutmeg, to taste

PREPARATION

1. In a small bowl, mix the eggs with 1/4 tsp of vanilla extract.
2. Mix the crispy cereal with 1/4 tsp. of baking powder, cinnamon & nutmeg.
3. Pour the cereal mix with the egg white mix and combine.
4. Add enough water to get the desired consistency.
5. Cook in a non-stick pan as you would with pancakes.
6. Serve and enjoy with Walden Farms Honey Syrup.

