## PINA COLADA POPSICLE

## **INGREDIENTS**

- 1 packet Ideal Protein Pina Colada Drink Mix
- 1 packet Ideal Protein Vanilla Pudding Mix
- 10 ounce cold water



## **PREPARATION**

- 1. Add all ingredients to a shaker cup.
- 2. Shake well and pour into popsicle molds.
- 3. Leave to freeze until solid.
- 4. Enjoy!