

OATMEAL CHOCOLATE COOKIES

INGREDIENTS

- 1 Ideal Protein oatmeal packet
- 1 Ideal Protein chocolate pudding packet
- 1/4 tsp. sea salt
- 1 tsp. Splenda or Stevia
- A sprinkle of cinnamon - to taste
- 1 tsp. baking powder
- 1 egg white
- 1 tsp. vanilla extract



PREPARATION

1. In a bowl, take just enough water to prepare dough and combine dry ingredients. Afterwards, add the liquid ingredients to reach a cookie dough texture.
2. Spray cookie sheet lightly with Pam olive oil spray and place 10 cookies on sheet at a time.
3. Bake at 325°F for about 6-9 minutes or until desired degree of moisture is achieved.
4. Test center of the cookie with toothpick to see if baked all right.
5. Enjoy!

