

# IDEAL PROTEIN GINGERSNAP COOKIES

## INGREDIENTS

- 1 pkg. Ideal Protein Crispy Cereal
- 1/4 tsp. baking Powder
- 1/2 pkg. splenda
- 1 egg white
- 1 tsp. Walden Farms Maple Syrup
- 1 pinch of salt
- Ginger - to taste
- Cinnamon - to taste
- Cloves - to taste
- Nutmeg - to taste
- Cayenne pepper - to taste

## PREPARATION

1. Preheat oven to 350°F and line a cookie sheet with parchment paper.
2. In a small bowl, mix all ingredients together to make batter.
3. Drop cookie batter on to parchment paper and bake for 10-15 minutes.
4. If desired, take out of the oven and sprinkle extra spices on top.
5. Serve and enjoy!

