MEXICAN CAULIFLOWER RICE

INGREDIENTS

- 1 large cauliflower
- 2 tbsp. olive oil
- 1 Roma tomato chopped
- 1 tsp. minced garlic (about 2 cloves)
- 3/4 cup vegetable or chicken broth
- 1 1/2 tsp. tomato paste
- 1/2 tsp. salt
- 1/4 tsp. paprika
- 1/4 tsp. cumin



PREPARATION

- 1.Cut cauliflower into small chunks and remove any of the green leaves and thick stems. Pulse cauliflower on food processor or grater to get a rice like consistently.
- 2. Heat up olive oil in a large skillet over medium-high heat.
- 3. Add tomato and garlic and saute for 10 minutes.
- 4. Add broth, tomato paste, salt, paprika and cumin and mix together until tomato paste has completely dissolved.
- 5. Add cauliflower rice and stir to fully combine with the broth.
- 6.Cook for 3 to 5 minutes, until cauliflower has softened. Season with salt as per taste.
- 7. Remove from heat and serve with chopped cilantro and fresh limes. Enjoy!