

TUNA LETTUCE WRAPS

INGREDIENTS

- 1 can of tuna in water
- 1/6 cup mayonnaise
- 4 tbsp. celery - finely chopped
- 1/8 cup red onion, finely chopped
- 1 tbsp. pickle relish
- 1/2 tbsp. capers
- 1/2 tsp. whole grain mustard
- 1 tbsp. fresh parsley, chopped
- 1/2 tbsp. fresh lemon juice
- Salt - to taste
- Pepper - to taste
- 3 butter lettuce leaves - rinsed and patted dry

PREPARATION

1. In a mixing bowl, add the tuna, mayonnaise, celery, red onion, pickle relish, capers, whole grain mustard, parsley, and lemon juice.
2. Mix the ingredients together thoroughly.
3. Season with salt and pepper to taste.
4. Wrap tuna salad in the lettuce leaves and serve.
5. Garnish as desired.
6. Enjoy!

