

STRAWBERRY CHEESECAKE MUFFINS

INGREDIENTS

- 1 Egg
- 2 Egg Whites
- 2oz. Water
- Vanilla Extract - to taste
- Splenda - optional
- 1 packet of Ideal Protein Strawberry Cheesecake Mix
- 1 tsp. Baking Powder

PREPARATION

1. In a bowl, whip water, Splenda, eggs, vanilla extract together until its fluffy.
2. Gradually pour in the IP Strawberry Cheesecake Mix and mix together.
3. Pour the mix into greased muffin pans which should make 6-12 depending on how fluffy they are.
4. Bake at 350°F for about 15 minutes.
5. Take out of the oven and allow cooling.
6. Serve and enjoy!

