

# BLUEBERRY MUFFINS

## INGREDIENTS

- 1 Ideal Protein Blueberry Pancake Mix
- 1 Olive Oil
- 1 Baking Powder
- A splash of Vanilla Extract
- 1 ounce of Water
- PAM Spray
- 1 pinch Ground



## PREPARATION

1. Preheat the oven to 350°F.
2. Mix all the ingredients in a bowl, except the PAM Spray.
3. Spray PAM on a muffin pan or souffle cup.
4. Pour mixture into muffin pan or souffle cup.
5. Bake for 15 minutes.
6. Allow cooling for about 2 minutes.
7. Enjoy!

