

GROUND BEEF AND CABBAGE

INGREDIENTS

- 1 large head cabbage - finely chopped
- 14.5 oz. diced tomatoes with juice
- 1 leek - thinly sliced
- 1 tbsp. Italian seasoning
- Salt and ground black pepper - to taste
- 1 lb. lean ground beef



PREPARATION

1. Place cabbage, tomatoes w/juice, leek, Italian seasoning, salt, and pepper into a Dutch oven or large pot over low heat. Cook and stir until it begins to simmer.
2. Add lean ground beef on top and cover and cook. Stir occasionally or until cabbage is tender and ground beef is cooked through. For about 45 minutes.
3. Serve and enjoy!

