

CAPPUCCINO ZUCCHINI COOKIES

INGREDIENTS

- 1 packet IP Crispy Cereal
- 1 packet IP Cappuccino Drink Mix
- 2 Egg whites
- 2 cups of shredded Zucchini
- 1 tsp. Baking Soda
- 1 ½ tsp. Olive oil
- 1 packet Splenda or Stevia
- A dash of Cinnamon
- A dash of Sea Salt
- 1 tsp. Vanilla Extract

PREPARATION

1. Preheat oven to 350°F.
2. Use a rolling pin to crush the IP Crispy Cereal - this can be done while cereal is in unopened pack.
3. Mix all ingredients together except zucchini until thoroughly mixed.
4. Shred zucchini and make sure to dry off using a paper towel.
5. Add shredded zucchini to the mixture.
6. Take a non-stick muffin pan and spray with non-stick spray.
7. Evenly add mixture - should make 10-12 cookies.
8. Place in an oven for 12-15 minutes.
9. Let cool - serve and enjoy!



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