

SQUASH RIBBON SALAD



INGREDIENTS

ITEM

Zucchini
Yellow Squash
Arugula
Fresh flat-leaf parsley leaves
Fresh Lemon juice
Virgin Olive Oil
Salt and Pepper

QUANTITY

1 pound
1 pound
3 cups
1 cups
2 tbsp.
1 ½ tbsp.
To taste



PREPARATION

- ✔ Zucchini and Yellow Squash Cut into thin ribbon-like strips using a vegetable cutter.
- ✔ Combine sliced zucchini and squash with arugula and parsley leaves in a mixing bowl.
- ✔ Drizzle the mixture with freshly squeezed lemon juice, virgin olive oil.
- ✔ Add salt and pepper to taste
- ✔ Toss everything together until the vegetables and greens are evenly coated.
- ✔ Squash Ribbon Salad is ready to serve.