

# CHAYOTE AND ZUCCHINI SQUASH SALAD



## INGREDIENTS

ITEM	QUANTITY
Chayote	3
Zucchini	3 Small
Lime	3
Salt	1 Tsp.



## PREPARATION

- ✔ Cut the chayotes in half lengthwise and the zucchini sliced thinly
- ✔ Bring a pot of salted water to a boil.
- ✔ Add the chayote slices to the boiling water and cook for 5 minutes.
- ✔ After 5 minutes, add the zucchini slices to the pot and cook for an additional 2 minutes.
- ✔ Drain the vegetables and let them cool.
- ✔ In a large bowl, mix the cooled chayote, zucchini thinly sliced with salt, and juice of lime.
- ✔ Serve as a salad or side dish.
- ✔ Enjoy your Chayote and Zucchini Squash Salad!