

INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Raw Shrimp, Peeled And Deveined	1 Lb.	Onion Powder	1 Tsp.
Garlic Cloves	2	Cayenne Pepper	1/16 Tsp.
Cilantro	1/8 Cup	Ideal Protein Croutons, Crushed	½ Cup
Kosher Salt	1 Tsp.	Egg, Lightly Beaten	1
Paprika	1 Tsp.	Oil	½ Tbsp.

PREPARATION

- Take the shrimp chop it coarsely and place in a bowl.
- In a food processor, add minced garlic, chopped cilantro, kosher salt, paprika, onion powder, cayenne pepper, and the chopped shrimp. Pulse to create a chunky paste.
- Transfer the shrimp mixture to a mixing bowl and add the crushed Ideal Protein Croutons. Mix well to combine.
- Add the lightly beaten egg to the shrimp mixture. This will help bind the ingredients together and create a cohesive mixture.
- Fleat a skillet or frying pan over medium heat and add oil for cooking.