

THAI COCONUT DESSERT



INGREDIENTS

ITEM

Ideal Protein Vanilla Pudding
Miracle Noodle Rice
Coconut Extract
Sea Salt
Splenda

QUANTITY

1 Packet
¼
1 Tsp
¼ tsp.
1 Packet



PREPARATION

- Prepare the Ideal Protein Vanilla Pudding Mix according to the package instructions. This usually involves mixing the contents of the packet with a specific amount of water.
- Once the pudding is prepared, add the coconut extract and sea salt. Stir well to combine and infuse the coconut flavor.
- In a separate pot, cook the Miracle Noodle Rice according to the package instructions. These noodles are typically precooked and just need to be heated up. Drain them well.
- Combine the cooked Miracle Noodle Rice with the coconut-infused pudding mixture. Mix gently to evenly distribute the rice.
- Transfer the Thai Coconut Dessert mixture into individual serving bowls or glasses.
- If desired, you can refrigerate the Thai Coconut Dessert for a little while to allow the flavors to meld and the dessert to chill.
- Enjoy!