

# COOKIES AND CREAM PUDDING



## SERVING SIZE

2



## INGREDIENTS

### ITEM

Ideal Protein Chocolate Pudding Mix  
Water (as per package instructions)  
Crushed Ideal Protein Crispy Cereal

### QUANTITY

1 Packet  
1 Packet



## PREPARATION

- ✔ Prepare the Ideal Protein Chocolate Pudding Mix according to the package instructions with a specific amount of water.
- ✔ Once the chocolate pudding is ready and still in its liquid form, it's time to layer your dessert.
- ✔ Start by adding a layer of the crushed Ideal Protein Crispy Cereal to the bottom of a serving glass or bowl.
- ✔ Pour a portion of the prepared chocolate pudding over the layer of crushed cereal.
- ✔ Continue layering by adding another layer of crushed cereal, followed by more chocolate pudding.
- ✔ Finish your dessert with a final layer of crushed cereal on top.
- ✔ Place your Cookies and Cream Pudding dessert in the refrigerator to chill for at least 30 minutes.
- ✔ Enjoy!