

CRISPY CHOCOLATE



SERVING SIZE

2



INGREDIENTS

ITEM

Ideal Protein Dark Chocolate Pudding Mix
Ideal Protein Crispy Cereal
Water

QUANTITY

1 Packet
1 Packet
6 Oz.



PREPARATION

- In a mixing bowl, combine the Ideal Protein Dark Chocolate Pudding Mix with water.
- Stir well until you have a smooth, creamy chocolate pudding. Let it sit for a few minutes to allow it to thicken.
- Once the pudding has thickened, gently fold in the Ideal Protein Crispy Cereal. Stir until the cereal is evenly coated with the chocolate pudding.
- Using your hands, shape the mixture into the desired shape of your crispy chocolate.
- Place them on a plate or tray lined with parchment paper.
- Place the formed crispy chocolates in the refrigerator for at least 30 minutes to allow them to set and firm up.
- Enjoy!