

CHOCOLATE CHIP CARAMEL MUFFINS



SERVING SIZE



INGREDIENTS

ITEM

Ideal Protein Caramel Mug Cake
Baking Powder
Vanilla Extract
Cinnamon
Egg
Water

QUANTITY

2 Pkt.
½ Tsp.
½ Tsp.
½ Tsp.
1
½ Cup



PREPARATION

- ☛ Preheat your oven to 350°F (175°C). Line a muffin tin with paper liners or grease the cups.
- ☛ In a mixing bowl, combine the Caramel Mug Cake packets, baking powder, vanilla extract, and ground cinnamon. Stir well to mix the dry ingredients.
- ☛ Crack in the egg and pour in the water. Mix until all ingredients are fully combined and you have a smooth batter.
- ☛ Divide the batter evenly among the muffin cups, filling each about two-thirds full.
- ☛ Place the muffin tin in the preheated oven. Bake for about 15-20 minutes or until a toothpick inserted into the center of a muffin comes out clean.
- ☛ Once baked, remove the muffins from the oven and let them cool in the pan for a few minutes.
- ☛ Transfer the muffins to a wire rack to cool completely. Enjoy!