

VEGGIE LOADED CHICKEN SALAD



SERVING SIZE

5



INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Shredded or Chopped Cooked Chicken	20 Oz.	Salt	To Taste
Approved Mayo	$\frac{3}{4}$ Cup	Pepper	To Taste
Apple Cider Vinegar	1 Tbsp.	Shredded Red Cabbage	1 Cup
Garlic Powder	$\frac{1}{4}$ Tsp. (To Taste)	Chopped Bell Pepper (Any Color)	1 Cup
		Loosely Packed Chopped Baby Spinach	1 Cup



PREPARATION

- In a large bowl, combine the cooked chicken, mayo, apple cider vinegar, and garlic powder. Mix well until the chicken is coated.
- Season the mixture with salt and pepper to taste.
- Add the shredded red cabbage, chopped bell pepper, and baby spinach to the bowl.
- Gently toss everything together until the veggies are evenly mixed with the chicken.
- Serve immediately or chill in the fridge for about 1 hour before serving for a cooler, refreshing salad.