

CUCUMBER TUNA SALAD



SERVING SIZE

1



INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Persian Cucumbers, peeled, halved, and sliced	2	Salt	To Taste
Fresh Dill	2 Tbsp.	Black Pepper	¼ Tsp.
Olive Oil	2 Tbsp.	Canned Tuna in Oil	4 Oz.
Lemon Juice/Apple Cider Vinegar	2 Tbsp.		



PREPARATION

- ✔ In a large bowl, combine sliced cucumbers and fresh dill.
- ✔ Add olive oil and lemon juice (or vinegar), then season with salt and black pepper.
- ✔ Gently fold in the canned tuna, breaking it slightly but keeping chunks intact.
- ✔ Toss everything together until well combined.
- ✔ Chill for 10-15 minutes before serving for enhanced flavor.
- ✔ Serve and enjoy!