

MASHED TURNIPS



SERVING SIZE

3



INGREDIENTS

ITEM

Turnip Roots, peeled and cut into 1-inch pieces
Milk
Garlic Powder
Salt and Pepper

QUANTITY

2 Lbs.
3 Oz.
½ Tbsp.
To Taste



PREPARATION

- ✔ Bring a large pot of salted water to a boil.
- ✔ Add the turnip pieces and boil for about 20-25 minutes or until fork-tender.
- ✔ Drain the turnips well and return them to the pot.
- ✔ Add the butter, garlic powder, salt, and pepper.
- ✔ Mash everything together until smooth and creamy.
- ✔ Taste and adjust seasonings if needed.
- ✔ Serve warm and enjoy!