

# TUNA VEGGIE PATTIES



## SERVING SIZE

4



## INGREDIENTS

### ITEM

Canned Tuna, Drained  
Green Bell Pepper, Diced  
Approved Mayonnaise  
Lemon Juice

### QUANTITY

16 Oz.  
¼ Cup  
2 Tbsp.  
½

### ITEM

Hot Sauce  
Dried Parsley  
Salt  
Black Pepper

### QUANTITY

½ Tsp.  
½ Tsp.  
¼ Tsp.  
¼ Tsp.



## PREPARATION

- 👉 In a medium bowl, combine the drained tuna, diced bell pepper (if using), mayonnaise, lemon juice, hot sauce, parsley, salt, and black pepper.
- 👉 Mix well until fully combined and the mixture holds together.
- 👉 Form the mixture into small patties using your hands or a scoop.
- 👉 Heat a non-stick skillet over medium heat and lightly oil if needed.
- 👉 Cook the patties for 3-4 minutes on each side, or until golden brown and heated through.
- 👉 Serve warm and enjoy!