

TURKEY PEPPER SANDWICH



SERVING SIZE

1



INGREDIENTS

ITEM

Red Bell Pepper, Halved and Seeds Removed
Mustard
Deli Turkey Slices (No Sugar Added)
Cucumber Slices, Thinly Sliced
Lettuce Leaf
Everything But the Bagel Seasoning

QUANTITY

1
2 Tsp.
3
4
1
½ Tsp.



PREPARATION

- Slice the red bell pepper in half lengthwise and remove seeds and membranes. These will serve as your "bread" halves.
- Spread mustard evenly on the inside of each bell pepper half.
- Layer deli turkey, cucumber slices, and lettuce on one bell pepper half.
- Sprinkle with everything but the bagel seasoning, then top with the second bell pepper half to form a sandwich.
- Enjoy immediately as a fresh, crunchy, and satisfying meal.