

CILANTRO MINT CHUTNEY



SERVING SIZE



INGREDIENTS

ITEM

Cilantro, chopped
Mint Leaves, chopped
Green Chillies, chopped
Ginger, peeled and roughly chopped

QUANTITY

1 cup
1 cup
1 tsp.
½ Inch

ITEM

Ground Cumin (Optional)
Lemon Juice (Optional)
Salt
Water

QUANTITY

1 tsp.
1 tsp.
to taste
3 to 4 tbsp.



PREPARATION

- Add cilantro, mint leaves, green chillies, ginger, ground cumin, lemon juice, and salt into a blender or food processor.
- Add water gradually and blend until smooth or you have achieved your preferred texture.
- Transfer to a bowl and serve fresh as a dip, spread, or side chutney.