

BRUSCHETTA



SERVING SIZE

2



INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Medium Zucchini, Long And Narrow Preferred	1	Extra-virgin Olive Oil	½ Tbsp.
Grape Tomatoes, Chopped	1 Cup	Ideal Protein Balsamic Vinegar	1 Tsp.
Garlic Cloves, Minced	2	Salt	¼ Tsp.
Fresh Basil Leaves, Chopped	¼	Freshly Ground Black Pepper	⅛ Tsp.



PREPARATION

- Slice the zucchini lengthwise into thin strips or cut into round slices to use as the "base."
- In a bowl, combine chopped tomatoes, garlic, basil, olive oil, balsamic vinegar, salt, and pepper. Mix well.
- Spoon the tomato mixture onto each zucchini slice.
- Serve immediately or chill for 10-15 minutes to let flavors blend.