

CLASSIC TURKEY GARDEN SALAD



SERVING SIZE

1



INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Sliced Turkey Breast	6 Oz.	Shredded Red Bell Peppers	1/4 Cup
Mixed Leafy Greens (Romaine, Spinach, Arugula)	2 Cups	Sliced Red Onion	1/4 Cup
Cucumber Slices	1/2 Cup	Apple Cider Vinegar Or Lemon Juice	1 Tsp.
Cherry Tomatoes	1/2 Cup	Salt And Pepper	To Taste



PREPARATION

- Place mixed leafy greens in a large salad bowl.
- Top with sliced turkey breast, cucumbers, cherry tomatoes, shredded bell peppers, and red onion.
- Drizzle with apple cider vinegar or lemon juice.
- Season with salt and pepper to taste.
- Toss gently and serve fresh. Enjoy!