

EASY HAMBURGER SOUP



SERVING SIZE

4



INGREDIENTS

ITEM	QUANTITY	ITEM	QUANTITY
Ground Beef	1 Lb.	Italian Seasoning	1 Tsp.
Cloves Garlic, Diced	3	Onion Powder	1 Tsp.
Turnips, Cut Into 1-inch Cubes	3 Cups	Salt	1 Tsp.
Low-sodium Beef Broth	32 Oz.	Black Pepper	½ Tsp.
Crushed Tomatoes	28 Oz.	Cups Frozen Vegetables (Whatever You Have on Hand)	3



PREPARATION

- In a large pot, cook ground beef over medium heat until browned. Drain excess fat.
- Add garlic and sauté for 1-2 minutes until fragrant.
- Stir in turnips, beef broth, crushed tomatoes, Italian seasoning, onion powder, salt, and black pepper. Bring to a boil.
- Reduce heat and simmer for 15-20 minutes until the turnips are tender.
- Add frozen vegetables and cook for another 5-7 minutes until heated through.
- Taste and adjust seasoning as needed. Serve warm and enjoy!