

TUNA CABBAGE WRAPS



SERVING SIZE

1



INGREDIENTS

| ITEM | QUANTITY | ITEM | QUANTITY |
|-------------------|-----------|-------------------|-------------------------------|
| Can Tuna, Drained | 1 (5 Oz.) | Celery, Minced | 1/4 Cup |
| Mayonnaise | 2 Tsp. | Salt and Pepper | To Taste (About 1/8 Tsp Each) |
| Dijon Mustard | 2 Tsp. | Cabbage Leaves | 4 |
| Red Onion, Minced | 1/4 Cup | Red Pepper Flakes | To Taste |



PREPARATION

- In a bowl, combine drained tuna, mayonnaise, and Dijon mustard. Mix until well blended.
- Add minced red onion and celery. Season with salt, pepper, and red pepper flakes. Stir gently to combine.
- Lay cabbage leaves flat and spoon the tuna mixture evenly onto each leaf.
- Roll or fold into wraps and serve immediately.