

# TUNA CABBAGE WRAPS



## SERVING SIZE

1



## INGREDIENTS

### ITEM

Can Tuna, Drained  
Mayonnaise  
Dijon Mustard  
Red Onion, Minced

### QUANTITY

1 (5 Oz.)  
2 Tsp.  
2 Tsp.  
¼ Cup

### ITEM

Celery, Minced  
Salt and Pepper  
  
Cabbage Leaves  
Red Pepper Flakes

### QUANTITY

¼ Cup  
To Taste (About ⅛  
Tsp Each)  
4  
To Taste



## PREPARATION

- In a bowl, combine drained tuna, mayonnaise, and Dijon mustard. Mix until well blended.
- Add minced red onion and celery. Season with salt, pepper, and red pepper flakes. Stir gently to combine.
- Lay cabbage leaves flat and spoon the tuna mixture evenly onto each leaf.
- Roll or fold into wraps and serve immediately.