



## BEEF FAJITA SKILLET

### INGREDIENTS

#### ITEM

Lean Ground Beef  
Bell Peppers, sliced  
Onion, sliced  
Shredded Cheddar Cheese  
Plain Greek Yogurt  
Fajita Seasoning  
Salt and Pepper

#### QUANTITY

4 Oz.  
½ Cup  
¼ Cup  
2 Tbsp.  
2 Tbsp.  
1 Tsp.  
To Taste

#### SERVING SIZE

1

### PREPARATION

- Heat a skillet over medium heat and cook the ground beef until browned.
- Add bell peppers, onion, and fajita seasoning. Stir to combine. Let it melt slightly.
- Cook for 4-5 minutes, until vegetables are tender.
- Transfer to a bowl and top with cheddar cheese and Greek yogurt.