



BERRY COCONUT GELATIN CUPS



INGREDIENTS

ITEM

QUANTITY

BERRY LAYER

- Strawberries, Chopped 1 cup
- Blueberries ½ cup
- Water 1 cup
- Maple Syrup 2 tbsp
- Unflavored Gelatin 2 packets

COCONUT LAYER

- Canned Coconut Milk ¾ cup
- Maple Syrup 1 tbsp
- Vanilla Extract 1 tsp
- Unflavored Gelatin 1 packet

SERVING SIZE

1



PREPARATION

- ✔ Simmer the berries, water, and maple syrup until soft.
- ✔ Blend until smooth, then whisk in the gelatin.
- ✔ Pour into serving cups and chill for 30-45 minutes.
- ✔ Warm the coconut milk, then whisk in maple syrup, vanilla, and gelatin.
- ✔ Pour over the berry layer and refrigerate for 2-3 hours until set.