



BLUEBERRY COOKIES



INGREDIENTS

ITEM	QUANTITY
• Rolled Oats	1 cup
• Almond Flour	1 cup
• Baking Powder	1 tsp
• Cinnamon	1 tsp
• Salt	¼ tsp
• Large Egg	1
• Pure Maple Syrup	2 tbsp
• Melted Coconut Oil	2 tbsp
• Vanilla Extract	1 tsp
• Fresh Blueberries	½ cup

SERVING SIZE 1



PREPARATION

- ✔ Preheat oven to 350°F (175°C) and line a baking sheet.
- ✔ Mix oats, almond flour, baking powder, cinnamon, and salt.
- ✔ Whisk egg, maple syrup, coconut oil, and vanilla separately.
- ✔ Combine wet and dry ingredients.
- ✔ Gently fold in blueberries.
- ✔ Shape into 8 cookies and lightly flatten.
- ✔ Bake for 15–18 minutes until set and lightly golden.