



CHEESEBURGER PROTEIN PLATE

INGREDIENTS

ITEM

Lean Ground Beef Patty
Cheddar Cheese
Roasted Sweet Potato Cubes
Simple Coleslaw
Toppings of Choice

QUANTITY

4 Oz.
1 Oz.
½ Cup
½ Cup

SERVING SIZE

1

PREPARATION

- Heat a skillet over medium heat and cook the beef patty until desired doneness.
- Top with cheddar cheese and let it melt slightly.
- Serve with roasted sweet potato cubes on the side and SIMPLE GREEK YOGURT SLAW