



# GREEK YOGURT CHICKEN SALAD

## INGREDIENTS

### ITEM

Cooked Chicken Breast, shredded  
Plain Greek Yogurt  
Diced Celery  
Diced Red Onion  
Dijon Mustard  
Salt and Pepper

### QUANTITY

4 Oz.  
2 Tbsp.  
1 Tbsp.  
1 Tbsp.  
1 Tsp.  
To Taste

### SERVING SIZE

1

## PREPARATION

- Add chicken, Greek yogurt, celery, red onion, and Dijon mustard to a bowl.
- Mix until well combined.
- Season with salt and pepper.
- Serve with any of the following: Bell pepper strips, cucumber slices, snap peas, or whole-grain crackers.